

Over 50s
Ballroom Dancing Club Inc.



Perth's premier ballroom dancing club for seniors



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Venue: Cannington
Dance Coordinator: Mark Pound

October 29th, 2026
DJs: Tony and Fanny

Lesson at 11:05 am to Midday

Dancing from 12:05 pm to 3:00 pm

Lesson 1 - Mambo Magic

1	Fascination Waltz
2	Floral Blues
3	Mambo Magic
4	Winscar Waltz
5	Tango Carnaval
6	Foxtrot + Quickstep
7	Alpha Jive/Jive + Paso Deena

Afternoon Tea approx 1:00 pm for 15 mins

8	New Vogue Foxtrot Medley
9	Mango Bossa Nova
10	Barn Dance + Rumba 1 + Alpine Stroll

Raffle Draw

11	Modern Waltz + Winter Rose Waltz
12	Evening 3 Step + Kerry Lee
13	Crystal Quickstep
14	Rumba D'Amour
15	Spindle Swing
16	Joyette
17	Sally Ann Cha Cha
18	Mambo Magic

Free New Vogue Lessons at Karrinyup only, 10:30 am - 11:00 am, suit beginners & refreshers

Have a Go Day - dancers needed for demonstration - add your name to list on Notice Board

Christmas Dance December 10th, door opens at 11:00 am, dancing from 11:30 - 3:00 pm

Door/Raffle volunteers are always needed - please see Kathy for details

Dancing recommences on Thursday January 14th at Karrinyup in 2027

Host Dancer at Karrinyup and Cannington

Don't forget to wear your name badge