Over 50s

Ballroom Dancing Club Inc.

Perth's Premier Ballroom Dancing Club for Seniors





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Information Booklet

General information for:

- new members and
- visitors

Note: All information contained in this booklet is also available by clicking on the Info Booklet button on the Home Page

Over 50s Ballroom Dancing Club Inc.

General Information

1. On entry, membership cards must be shown every time, as volunteers on the door do **NOT** know who are members and who are not. If a membership card is not shown, a visitor fee will be charged.

2. Name badges to be worn at all dances so members and visitors can get to know each other.

3. A dress code applies to all dancers. Please read the back page of this booklet:
    a. Partial non-compliance may be accepted on first visit.
    b. Visitors are expected to comply on second or subsequent visits.

4. We are happy to have anyone over 50 years come along. Our dance lessons are for one hour each week, often for 80 people, or more. Therefore, anyone who has no ballroom dancing experience may find this is insufficient for them to learn. We don't want to discourage anyone from coming but as a club, rather than a studio or school, we are unable to provide more teaching. We recommend that beginners also go to a studio or school to learn.

5. Refreshments:
    a. Iced and tap water are readily available from approximately 10:45 am until after the dancing has ended at 3:00 pm.
    b. One urn is heated early so that tea and coffee is available from approximately 10:55 am.
    c. A mid afternoon tea break of 15 minutes is held. Tea, coffee and biscuits are provided until the end of this break when the kitchen is closed.
    d. Water remains available for the duration.

6. Open cups/mugs are NOT permitted on, or near the dance floor; only closed drink containers are permitted.

7. Members are encouraged to bring their own cups/mugs for afternoon tea, however they must be taken home to wash.

8. A group of volunteers and committee members set up the venue (chairs, tables, dance boards, fans, etc.) arrange and clean after afternoon tea and pack away after the dance has ended.

Many members enjoy having their birthday announced during the short raffle/business section of the afternoon. Other members prefer not, so let our **Membership Secretary**, **Margo**, know if you do not wish to have it announced.

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By-Laws 21, DRESS CODE

The committee shall formulate guidelines regarding dress and footwear and shall post same on the notice board.

Your committee has resolved to interpret this by-law as follows:

"Unless otherwise specified, dress shall be informal and of a modest, neat and tidy appearance. Footwear should be that acceptable to ballroom dancing."

SHOES: To have enclosed heels and provide secure and adequate support.

DRESS: deemed as **NOT** appropriate

Ladies and Gentlemen:	Jeans (of any colour) Shorts
Gentlemen:	Collarless tee shirts
Ladies:	Bare midriffs Fashion tights or leggings, unless covered by a top which reaches mid-thigh.

Your cooperation upholding the above would be appreciated out of respect for your fellow dancers.

Over 50s Ballroom Dancing Club Inc.

Main Aim: to provide ballroom dancing to recorded music

Also, to promote and encourage ballroom dancing under instruction by accredited professional teachers; promote mental and physical fitness; provide social and recreational activities; and encourage companionship, friendship and support.

Postal Address:	8 Marley Close, Ballajura WA 6066
Subscriptions:	$40 Initial Membership Joining Fee (includes one name badge)
	Replacement name badge $13
	Annual Subscription Renewal $20
Admission:	Members $10 - Non Members $15
Dance Days:	**1st and 3rd Thursdays of each month**
	Cannington Exhibition Centre *Corner Albany Highway and 1 Station Street* *Cannington WA 6107*
	2nd and 4th Thursdays of each month
	Stirling Leisure Centre *Corner Nerita Way and Newborough Street* *Karrinyup WA 6018*
	5th Thursday will be alternated between the two venues.
	NOTE: This pattern may vary due to venue unavailability. ***(Always check program or ring a contact below)***

Each three months a new program showing upcoming dance locations, dances to be taught, special events etc., is provided to members.

Times:	Door opens at 10:55 am at Cannington and 10:25 am at Karrinyup	
	Lesson	11:05 am - 12:00 midday
	Dance	12:05 pm - 3:00 pm
Contacts:	President **Ann**	**(**08) 9388 9049
	Secretary **Kathy**	0408 902 558

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